



# the insideline

INTERNATIONAL J/22 CLASS ASSOCIATION

# Glenn Darden's *Baby Doll* Rocks J/22 Midwinter Championship



Photo courtesy of Christopher Howell

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# 2022 MARRIOTT J/22 WORLD CHAMPIONSHIP JULY 3-8

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[WWW.J22.CO.ZA/HOME](http://WWW.J22.CO.ZA/HOME)

## **By Sharin Richmond**

There are three international participants, and the “grapevine” says perhaps another will join the fleet.

The top South African (SA) sailors, who have always been participants in J/22 regattas, are on board. The regular J fleet with more hours on the water, that I can’t possibly try to count, are checking their boats and doing all that is needed to make them race ready for the start line on 4<sup>th</sup> July.

With the excitement and activity increasing as the Worlds comes closer, the Deneysville Aquatic Club (DAC), situated on the Vaal Dam in Gauteng, have arranged a weekend workshop for all J sailors. They are “home” to the biggest fleet of J/22s in SA. This will give all J sailors the opportunity to get first-hand





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information, tips, expertise and feedback from yachtsmen who themselves have international recognition. Video and drone footage of practicing starts / mark rounding / sail settings / spinnaker hoists / douse / gybes / tacking will be debriefed in the clubhouse. Plus questions and answers on Rules, rigging, sail setting, etc. followed by the traditional “braai” (barbeque) and ice cold “refreshments.” This is the assistance, advice and hospitality the fleet will experience at the Marriott J/22 World Championship.

If you are not able to join us, keep up to date with all the action on our website ([J22.co.za](http://J22.co.za)) and Facebook ([J/22 Class South Africa](https://www.facebook.com/J22ClassSouthAfrica)).

If you are needing any additional information or help to join us, great charter boats are still available. Please email Sharin at [sharinr@mweb.co.za](mailto:sharinr@mweb.co.za) and she will give you the help you need.

We look forward to hosting you at PYC on the KZN coast or on social media as you watch the happenings and results.

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# Glenn Darden's *Baby Doll* Rocks J/22 Midwinter Championship

Glenn Darden's *Baby Doll* put an exclamation point on the final day of the J/22 Midwinter Championship on March 20, scoring all three bullets to secure the 2022 title. With crew Jewel Kelly, Jackson Benvenuti and Willem van Waay, the Fort Worth Boat Club-based skipper dominated the 25-boat fleet with 12 points in five races. Performing very consistently all weekend were James Freedman's *Miss Conduct* in second (18 points) and Casey Lambert's *Blackburn Marine Racing* in third (19 points). Top female helm was Laura Dalgleish. Hosted by Lakewood Yacht Club in Seabrook, Texas, Sunday's conditions were the pick of the Championship, starting at 6-8 knots and increasing to 16-20.



Photos courtesy of Christopher Howell



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22



Glenn Darden praised his “fabulous crew who did it all.” This is his second consecutive J/22 Midwinters victory, and he also won the J/105 Midwinter Championship the prior weekend in Fort Worth. He continued, “It’s always great to be at Lakewood, and we appreciate the fine Race Committee. This is a very competitive fleet!” Local Casey Lambert added, “I’m proud to have this club host the J/22 Midwinters for the first time, and we hope to have the Class back for another Championship in the near future.”



Photos courtesy of Christopher Howell



Photos courtesy of Christopher Howell

*Saturday, March 19 recap:* With a 3,1, Freedman's *Miss Conduct* had the advantage with 4 points. Darden's *Baby Doll* held second place with 9 points, just one ahead of Chris Doyle's *The Jug 4 1*. Competition started one hour early due to a lack of racing on Friday (high winds and sea state). With sunny skies and warm spring temperatures, winds looked promising at 8-12 knots. Douglas Weakly's *HNL2* earned the first victory of the Championship, trailed by Darden's *Baby Doll* and Freedman's *Miss Conduct*. The breeze lightened in the next battle, won by Freedman. Doyle's *The Jug 4 1* and Colin Feik's *Stampede* followed.







## TOP FIVE:

1. *Baby Doll*, Glenn Darden, Fort Worth Boat Club, 2-7-1-1-1- ; 12
2. *Miss Conduct*, James Freedman, DCYC, 3-1-7-3-4- ; 18
3. *Blackburn Marine Racing*, Casey Lambert, Lakewood Yacht Club, 6-5-3-2-3- ; 19
4. *The Jug 4 1*, Chris Doyle, Youngstown YC, 8-2-4-8-2- ; 24
5. *HNL2*, Douglas Weakly, -, 1-10-2-6-6- ; 25



Photos courtesy of Christopher Howell



Photos are available on the J/22 Class Facebook page, and complete results may be found at [www.j22mw.com](http://www.j22mw.com).

# J<sup>®</sup> 22



*Max Vinocur's Way She Goes from Annapolis, Maryland competed at the 2022 J/22 Midwinter Championship through the USJ22CA Youth and Young Adult Resources program, which provides financial and related support to sailor applicants under 30. Full details are available for new candidates at <https://j22.com/the-boat/youth-resources/>.*

## By Max Vinocur and Keenan Hilsinger

Our trip to Lakewood Yacht Club for the 2022 Midwinter Championship was an extremely rewarding and fun experience. It was a unique situation for us to travel to a regatta and race a boat that we had never seen before. We learned a lot about the boat quickly, and also discovered that we have a lot more to figure out. One of the highlights of the event for us was how welcoming the other sailors in the fleet were. As soon as we arrived and started to put the boat together for the first time, we were instantly greeted by other competitors offering help and extra parts. It was refreshing to see so many sailors willing to share their knowledge of the boat so openly. It quickly became clear to us that the Class is not only invested in fostering great competition, but growing the fleet as well.



Photos courtesy of Christopher Howell

Lakewood Yacht Club was an incredible host with a first-class sailing venue. We hope to have an opportunity to do some more sailing there in the future. Out on the water, we struggled a bit to find top-end boat speed. We spent a fair amount of



Photos courtesy of Christopher Howell

time trying to nail down our rig tune, but we never felt that our headstay was set quite right. Ultimately, we realized this is something that needs to be dialed in with many hours of practice and fine-tuned adjustments. Sailing the event proved to be highly educational, as we had many talented benchmarks to compare ourselves to.

We would like to extend a huge thank you to everyone who made the event happen and to the J/22 Class. Kevin Orff and Marie Wise did a fantastic job with the regatta; the social aspects of the regatta were some of the best we have attended. We would also like to thank Holly Jo Anderson and Kurt Taken-Holtze who worked on behalf of the Class to secure the funds that made it possible for us to attend this regatta.

We have a long list of work to be done to the boat and need a lot more time on the water, but USA 352 has a bright future. Our next event will be the Helly Hanson Sailing World Regatta Series in Annapolis, which we strongly encourage everyone to come sail in! We plan on sailing the boat as much as possible this summer in preparation for the North American Championship in Michigan this fall. Hope to see everyone there!

# THE FIRST EDITION OF THE SNO NANTES YOUTH CUP!



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From April 28 to May 1 was held on the Erdre, at the SNO Nantes, the first edition of the **SNO Nantes Youth Cup**, the first U23 match-race event organized in France. This qualifying event for the European Championship in Italy gathered eight French crews and two Swedish crews over four days for a training session and three days of competition and no less than 90 departures given in the weekend.

## The Opening Ceremony

On Thursday, April 28, the training sessions took place, followed by the opening ceremony at 6:30 pm, presented by Class president **Frédéric Williams** in the presence of many elected officials and partners of the club. After the introduction of the event and the crews, this ceremony ended with a welcome cocktail.

## An auspicious Friday

Ready for their first matches of the weekend, the crews met at 9am at the club to follow the briefing, to draw lots for the boats and to follow directly on the first round-robin matches from 10am. Ideal conditions with wind and sunshine allowed more than 35 matches for more than six hours with great skills demonstrated by our competitors and tight matches.



To end this beautiful day, the volunteers of the SNO Nantes set up an improved a peritif for the crews and the organization, with a beautiful buffet of cold cuts, cheese and small desserts. This moment came at the right time after a big day of racing in order to share a time of conviviality and to regain some strength before the next day.

### A Saturday under spinnaker

Saturday was like the day before in ideal conditions, wind and sunshine, allowing sailing for almost eight hours. The last round-robin matches offered a first ranking where **Ian Garreta** occupied first place and was therefore directly qualified for the semi-finals the next day. The quarter-finals delivered some beautiful matches with **Tom Foucher** second in the ranking who had chosen **Noé Ackermann**, **Thimoté Polet**; third, having chosen **Marius Westerlind**, one of the two Swedish skippers, and finally **Thimothée Rossi** opposed to **Raphaël Thoisy**.

At the end of hard-fought quarter-finals, **Tom Foucher**, **Thimoté Polet** and **Raphaël Thoisy** also found themselves qualified for the semi-finals the next morning. Meanwhile, at the bottom of the standings, **Oscar Engström** who had finished ninth in the round-robin began a rise in the rankings by defeating **Aristide Girou**, tenth, then **Maxime Hélie**, eighth, before going to challenge the first loser of the quarters, his compatriot **Marius Westerlind** the next day. After such a dense day, the crew's meal was just right! Head to the club's terrace to enjoy delicious pancakes.

### A Sunday for the title

On Sunday morning, despite the fatigue accumulated during the previous two long days, all the crews were gathered again from 9am around a coffee and some pastries. Starting at 10am, the semi-finals launched despite a more unstable wind than the previous days. These semi-finals were very contested on the starts but one-way with a domination



of **Tom Foucher** on **Thimoté Polet** and **Ian Garreta** on **Raphaël Thoisy**. **Oscar Engström** continued his rise by defeating his compatriot **Marius Westerlind**, then **Thimotheé Rossi**, before finally failing against **Noé Ackermann** for fifth place. To conclude this beautiful weekend, we were able to attend after a short meal break, two finals in a very unstable wind that gave the victory to **Thimoté Polet** for third place against **Raphaël Thoisy** and **Ian Garreta** for the title against **Tom Foucher**.

### Awards ceremony

In conclusion of this long and beautiful weekend, **Frédéric Williams**, president of SNO Nantes, accompanied by elected officials, race committee, umpires and French sailing federation representatives (Serge Raphalen, Mathieu Richard, Philippe Michel), presented the trophies to the first three, and especially the trophy of the SNO Nantes Youth Cup to the winner of the competition. **Ian Garreta**



is therefore the first to write his name on this trophy that will follow the next editions and he is therefore qualified, just like **Tom Foucher**, for the European Championship that will take place in Italy. The SNO Nantes is proud to have been able to set up this first edition of the SNO Nantes Youth Cup and already gives you an appointment next year for the European

Championship! Two years ago, the club decided to increase its J/22 fleet and now owns seven boats (plus four boats owned by the University of Nantes and four more boats owned by private members of the club). It seems to have been the right choice as the J/22 is a nice and

sporty little boat, well suited for beginners learning the basics of sailing, for corporate incentives, for Sunday club regattas but also for ... regional and national collective fleet racing or international match racing competitions. It is also one of rare one-design boats with a limited draught, suitable for the river Erdre.

# Technical Committee Report



*By Thomas Loesch, International Technical Committee Chair*

*Our updated Class Rules have been approved by World Sailing, are posted and effective as of March 1, 2022. As already communicated earlier, there is nothing significant in the changes and are just an adaptation to the recent changes to the Equipment Rules of Sailing.*



I also would like to introduce the actual team of the Technical Committee. The members are:

- **Ron Harris** (J/22 Class CAN)
- **J.J. Korpershoek** (International Measurer J/22 Class)
- **Chris Wientjes** (J/22 Class USA)
- **Thomas Loesch** (Chair of Technical Committee and International Measurer)

I am proud to serve as your Technical Chair and am honored to work with all members of the IJ22CA Technical Committee to make our Class even better. We are always looking for volunteers to become Class Measurers and members of the national Technical Committees.

Anyone with questions or comments should feel free to contact me ([thomas.loesch@t-online.de](mailto:thomas.loesch@t-online.de)) and/or the Class Executive Chris Howell ([howell@j22.com](mailto:howell@j22.com)).





# Save the Date

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September 13-17, 2022  
Tawas, Michigan

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# WINNING SECRETS FOR WEEKNIGHT RACING

By Quantum Sails' Carter White

*Just because you don't campaign across the country doesn't mean you can't be competitive and performance-oriented in your local weeknight series. Quantum's Carter White talks about his experience with weeknight series racing and how to get the most out of local sailing.*

I have been weeknight “beer can racing” since before I could drink beer. I was lucky enough to grow up with a dad who loved racing and owned a J/24. I started racing with him on weekends at various regattas, then graduated to taking my buddies and sometimes just me out for our Thursday night racing at the Portland Yacht Club. Back then, there was no local one-design weeknight racing, but now we have Etchells on Tuesdays, J boat racing on Wednesdays and PHRF on Thursdays. Originally, Thursday night racing wasn't scored; you raced just for the pure joy of it. There are many other competitive weeknight fleets for the J/22 out there, since it's such a fun and easy fleet to get involved with.

Even though weeknight racing is more casual, I sometimes find it to be more stressful than the large regattas I travel to. The cause of that stress is usually from lack of preparation, a bad habit I've gotten into but one I am trying to break with the goal to not take weeknight racing too seriously but just serious enough that the activity has some structure.

I also have learned a lot about preparation from my wife Molly. For years, she has been managing a successful race program on a Frers 41 and Farr 30 with some of the crew sailing on both boats for the last 15+ years. She also has a list of over 25 sailors who can jump into any position on short notice. Here are some of her secrets to having both fun and success that I've started to use in my own weeknight racing. Use these tips to elevate your performance during your weeknight J/22 racing.

## **CREATE A SCHEDULE & BUILD A LIST**

Putting together a season-long schedule takes time and effort, but summers fill up fast, and it's stressful for crew and owner alike not to know what's going on. Even if some events later in the season are still in the planning stages, get them on the calendar, gauge interest and set expectations.



Two popular and free online scheduling tools are [Doodle](#), a program that makes it easy for team members to show their availability and comment to the group, and [Google Sheets](#), a service that behaves a lot like an Excel spreadsheet but allows group editing in the cloud. Make sure to build your crew list by writing down every potential crew member you might know. It's great to get a visual of who's who and a good exercise to do with your current crew. You never can have enough resources and sailors.

Usually, we send out a notice to crew and potential crew as soon as the local season schedule is posted, but that can happen in March, and we don't start sailing until May, so we also send out a weekly check-in for the weeknight racing and a monthly check-in about the weekend racing. This is all done via email and usually at a similar time each week so the crew can remember to check their schedules.

## **PREP THE BOAT**

Don't be afraid to ask for help when prepping the boat. Getting the team together to work on the boat not only expedites the process, but it also is a great way to build a sense of ownership in the program. If it's a new team or there are members who don't know each other well, parlay prep time into a team dinner or barbeque. It's a good idea to use these times to discuss the season's shore crew responsibilities, too.

## **TEAM BUILDING & PARTICIPATION**

Creating a sense of camaraderie among the crew will go a long way toward a successful and enjoyable season. Team gear emblazoned with the boat/team name is a great way to build a strong bond. Having a steady crew participating each week is important, but don't forget that weeknight racing is also a great way to introduce new people to sailing, such as coworkers, friends and family. If you're struggling to find crew, talk to other boat owners, your local yacht club or junior race team to find people eager to participate.

Participation isn't limited only to the boat – don't forget to invite your spouse, kids and whomever else wants to join the after-race socializing at the yacht club or other favorite spot. Since the season is short here in Maine, we organize monthly crew gatherings once a month through the winter, usually on the same weeknight as the race series. Staying in contact helps the crew learn more about each other and have fun while keeping the energy going until the season starts again.

## **HAVE FUN & LEARN SOMETHING**

Most weeknight racers show up to the dock after a long day at the office. It's important to find a way to decompress and leave any stress from the day on the dock or, even better, in the parking lot. Make sure to breathe, turn up the music and relax. It helps the whole team to

head out with a clear mind and positive vibes. These races are about having fun, socializing and introducing people to new experiences. Yelling and temper outbursts should be kept to a minimum, if not completely banned from these races. Take time to assign team members to different positions on board so everyone gets a better understanding of each other's jobs – except for the owner, who, in my experience, should never be allowed in front of the mast or bad things happen.

## GOAL-SETTING

While weeknight races may not be as competitive as a championship regatta, they can still be rewarding for both the owner and team. Take time to think about the strengths

and weaknesses of the entire team and set team goals that are realistic and meaningful. Feel free to have some fun with these goals, too, and mix in a few goals that are based on participation and humor.

## BRING ENOUGH BEER

This one is simple enough: Bring. Enough. Beer. (Of course, use good judgment and be responsible, but if it's your thing, bring enough beer.)

Contact Quantum Sails [J/22 class experts](#) with any questions or check out our [tuning guide](#), [class resources](#), and [new sail information](#) on the Quantum website.



**Kickstart your season now! Contact our J/22 experts for resources, support, & new sails.**

Travis Odenbach | [todenbach@quantumsails.com](mailto:todenbach@quantumsails.com) | Farley Fontenot | [farley@quantumsails.com](mailto:farley@quantumsails.com)

**QuantumSails.com**

## Calendar

# 2022

**2022 J/22 World Championship  
at Point Yacht Club**

Jul 3 – Jul 8

**2022 Travemünder Woche at Verein  
r.V., Zürcher Yacht Club**

Jul 22 – Jul 31

**2022 J/22 North American  
Championship at Tawas Bay  
Yacht Club**

Sep 13 – Sep 17

# 2023

**2023 J/22 World Championship  
at Travemünder Week**

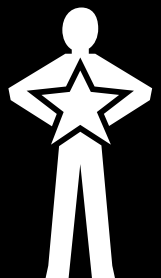
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